

## 1

## HOW TO ACCESS INTERNSHIP / PRACTICAL TRAINING?



IF YOU ARE STUDENT, the institution must contact us by email at [formacion@quiquedacosta.es](mailto:formacion@quiquedacosta.es).

### REQUIREMENTS:

Please, first ensure you have the following documentation:

- Intermediate vocational training certificate or higher education degree/diploma (or equivalent for non-Spanish studies), or
- If you have not yet completed your studies, certificate issued by the academic centre where you are currently studying and the syllabus.
- If you are a student from outside of the EU, you must request a type D student visa and if possible, request a NIE (foreigner's identification number) from your country of origin.
- Accident and medical insurance.

IMPORTANT: the Internship is not compatible with unemployment benefit.

### WHAT DOES THE INTERNSHIP INCLUDE?:

- Tutored practice at Quique Dacosta Rte.
- Granting of a scholarship to each student which covers:
  - Shared accommodation for the duration of the Internship.
  - 2 meals a day at the Restaurant, except weekly days off.
  - QDR Working systems dossier.
  - Materials and other items: hat, apron and tongs, book signed by Quique Dacosta, Gift Certificate for lunch or dinner at QDR having completed the course.
  - Traineeship certificate and letter of recommendation.

For the procedures in Spain, we will provide you with the appropriate indications, as well as all the possible help.

#### **Citizens of the European Union, before arriving in Spain, must have:**

- **Current identity document.**
- **Agreement of internship stumped and signed by the educational center, by the student, and by the company QDR.**
- **Insurance for Accident, Health, Civil Liability and repatriation with an approved company in Spain (examples: [Axa](#), [Sanitas](#)).**

#### **IN SPAIN, IT IS REQUIRED TO PROCESS:**

1. **NUMBER OF FOREIGN IDENTITY (NIE):** Request an appointment one month in advance of arrival in Spain. Send us your identity document and we will arrange the previous appointment.
2. **SOCIAL SECURITY NUMBER:** to register you in the company.

#### **Citizens from other non-European States, before arriving in Spain, must have:**

- **Visa type D with NIE number.**
- **Agreement of internship stumped and signed by the educational center, by the student, and by the company QDR.**
- **Insurance for Accident, Health, Civil Liability and repatriation with an approved company in Spain (examples: [Axa](#), [Sanitas](#)).**

#### **IN SPAIN, IT IS REQUIRED TO PROCESS:**

1. **SOCIAL SECURITY NUMBER:** to register you in the company.
2. **FOREIGN CARD (TIE),** only for stays longer than 6 months.

# Quique Jacosta

3

## LANGUAGE

It is essential to have some knowledge of Spanish in order to form part of the team.

4

## PRACTICAL TRAINING DURATION

Training at the restaurant must last between 4 and 11 months.

During which time you will work on at least 2 restaurant positions, depending on your registration. You will receive a dossier on work systems and other free gifts upon arrival.

Dates depend on availability.

5

## SHARED ACCOMMODATION

During the time spent at the restaurant, you will have the use of a **place in an apartment shared**. This accommodation is provided by the restaurant and is located 5 minutes' walk away, with parking and a communal pool.

All students must be sure to bring their own bed linen, towels and all personal items, and must take care of the cleaning and maintenance of the apartment together with their flatmates.

# Quique Jacosta

## 6

### HOURS, UNIFORM AND UTENSILS

**Working hours** depends on the school agreement, But will never exceed 40 hours per week.

It is important to have a minimal knowledge of how this type of kitchen works; we want students to become a full part of the team and for their time at the restaurant to be as productive as possible for everyone, so if you are not really sure about this commitment we prefer you to abstain from training with us.

**The uniform** for this work is chef's whites (with blue, white or black trousers), and black shoes. Aprons, cloths and hats are provided by the restaurant. Each person must be responsible for washing work clothes, except for cloths.

**Utensils:** we recommend each student brings their own knives, spatula and portable scales.

*Very important: under no circumstances can training be completed before the date agreed with the restaurant, except in case of extreme personal, family or health reasons. This is a fundamental condition of your commitment to us. If this condition is breached, the student will not have the right to the final certificate, professional recommendation or any gifts from QDR.*

**For further information, contact us at:**  
[formacion@quiquedacosta.es](mailto:formacion@quiquedacosta.es)